

# Healing Solutions Inc

Where You're Not Just a Body, You are **Somebody**



## WHEN IT IS APPROPRIATE TO PRESCRIBE MEDICAL MASSAGE THERAPY?

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Orthopedic Conditions

Alternative to surgery

Auto Accidents

Surgery recovery and rehabilitation

Whiplash

Carpal Tunnel

Injured on the Job

Knee Pain

Back Pain

Hip Pain

Sciatica

Tendinitis

Neck Pain

Bursitis

Headaches

Neuropathy

Sports Injuries

Thoracic Outlet Syndrome

Arthritis

Edema

Shoulder Pain

Migraines

Plantar Fasciitis

Joint pain Nerve impingement

Frozen shoulder

TMJ

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## HOW WILL MEDICAL MASSAGE HELP YOUR PATIENT?

By reducing pain and inflammation

By Increasing range of motion

It will establish and maintain normal  
muscle tonicity

By reducing stress and anxiety during  
injury and treatment that follows

## WHAT YOUR PATIENT CAN EXPECT.

The licensed massage therapist will treat your client with care and will review what the medical provider has prescribed for treatment. Then we will do an assessment based on postural evaluation, joint range of motion, and soft tissue assessments to determine the source of pain. By addressing the source of the pain, we restore balance to the body and achieve lasting results rather than temporary relief of symptoms.

Sometimes patients will be asked to be dressed as they would for PT or exercise. This allows the massage therapist to preform techniques that work on range of motion work.

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At the end of the session the patient and therapist will review appropriate home care. If patients are in physical therapy, we defer to the exercises prescribed by the physical therapist.

Rest assured, your patient will be our top priority throughout the entirety of the healing process. Through our hands-on approach, we will ensure that your patient is not alone on the road to full recovery.



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